

dōTERRA™  
HARMONY  
*Aroma Handcraft Collection*

The dōTERRA™ exclusive Harmony collection features three unique essential oils: Green Mandarin, Pink Pepper, and Star Anise. Combine these oils in one of more than 30 blend recipes to create your own signature scent. The expert tips and tricks throughout this recipe book will guide you as you take the journey of becoming an essential oil fragrance connoisseur.



Key:



Ideal for use in your dōTERRA **diffuser**.



Ideal for use as a **personal scent**. We recommend topping off your essential oil blend with Fractionated Coconut Oil.



When using a **pipette**, one pipette equals the entire tube, up to the base of the bulb.







One **drop** from your dōTERRA essential oil bottle.




When blending essential oils, remember the information on the individual essential oil labels still apply, including the cautions about avoiding sunlight or UV rays for up to 12 hours after applying product, or staining (Blue Tansy).

# COMBINATION




## THE TRIO

			
Star Anise		8	28
Pink Pepper		2.5	8
Green Mandarin		1.5	4





## GEM

			
Ylang Ylang		5.25	16
Geranium		4	12
Star Anise		2.5	8
Pink Pepper		1.5	4

## TREASURED MEMORIES

			
Green Mandarin		5.25	16
Wild Orange		4	12
Pink Pepper		2.5	8
Star Anise		0.5	2

## EVER GREEN

			
Green Mandarin		6.5	20
Siberian Fir		4	12
Pink Pepper		2.5	8

## SWEET TREATS



Green Mandarin

5.25 16

Pink Pepper

4 12


Coriander

4 12




# FEATURING: STAR ANISE





## BLOSSOM

			
Ylang Ylang		5	16
Geranium		4	12
Star Anise		2.5	8
Black Pepper		1.5	4




## RED LICORICE

			
Star Anise		2	6
Cassia		1	3
Roman Chamomile		1	3

## DREAMSICLE

			
Wild Orange		8	24
Tangerine		4	12
Star Anise		1.25	4

## GREEN APPLE

			
Cedarwood		7	14
Douglas Fir		4	12
Star Anise		2.5	8

## FRESH DELIGHT



Grapefruit

3

10

Geranium

2.5

8

Star Anise

2.5

8

Lavender

2

6

Lemongrass

2

6

Patchouli

1.5

4







# FEATURING: STAR ANISE

## SPICE CAKE





   		
Star Anise	4.5	13
Ginger	4.5	13
Cinnamon	2	6
Cardamom	2	6

*Tip: Create a sense of warmth and fresh-baked spice cake with this yummy blend!*

## ROCKY MOUNTAINS

   		
Copaiba	6	18
Star Anise	4	12
Tangerine	2	6




## ADMIRE

   		
Frankincense	6.5	20
Cypress	5.25	16
Star Anise	1.25	4







# FEATURING: GREEN MANDARIN





## HARMONY SIGNATURE BLEND

			
Copaiba		12	45
Hawaiian			
Sandalwood	8.5	32	
Green Mandarin	4	15	
Arborvitae	1.25	5	
Black Pepper	0.5	2	
Blue Tansy	0.25	1	

## SUGAR & SPICE





			
Green Mandarin		1.5	4
Cypress		1	3
Cassia		0.5	2

## VITALITY

			
Green Mandarin		2	6
Clary Sage		0.5	2
Wintergreen		0.25	1





# FEATURING: GREEN MANDARIN

## REFRESHING BLOOM





 		
Green Mandarin	2	6
Lavender	2	6
Juniper Berry	1	3

*Tip: Refreshing Bloom is a beautiful, fresh spring blend! Use when doing some spring cleaning.*

## RADIANCE

 		
Grapefruit	5.25	16
Green Mandarin	4	12
Wild Orange	4	12

## EMERALD SHOWERS

 		
Green Mandarin	6	20
Copaiba	6	20
Blue Tansy	0.25	1

## COOL SPRINGS



Spearmint	6.5	20
Ylang Ylang	2.5	8
Copaiba	2.5	8
Green Mandarin	1.5	4

## RAY OF LIGHT



Grapefruit	4	12
Sandalwood	4	12
Green Mandarin	2.5	8
Wild Orange	2.5	8



# FEATURING: PINK PEPPER

## PINK LUX

			
Bergamot		3	10
Geranium		3	10
Arborvitae		3	10
Pink Pepper		1.5	4


## ANTHROPOLOGY

			
Pink Pepper		3	10
Siberian Fir		3	10
Grapefruit		3	10
Tangerine		1.5	5

## COSMOPOLITAN

			
Grapefruit		6.5	20
Pink Pepper		5.25	16
Roman Chamomile		1.25	4

## LEO

			
Frankincense		6.5	20
Pink Pepper		5.25	16
Lemon		1.25	4

## UNCHAINED



Ylang Ylang	1	3
Cardamom	0.5	2
Geranium	0.5	2
Pink Pepper	0.5	2
Cedarwood	0.25	1
Sandalwood	0.25	1
Vetiver	0.25	1

*Tip: When creating complex scents, slowly add oils and test the scent frequently.*



# FEATURING: PINK PEPPER

## TRANQUIL MINT



Lavender	9.25	28
Pink Pepper	2.5	8
Spearmint	1.5	4

## OPULENCE



Patchouli	2.5	8
Ylang Ylang	2.5	8
Pink Pepper	1.25	4

## ICONIC



Frankincense	4	12
Pink Pepper	2	6
Lime	2	6

## WANDER







Clary Sage	8	24
Pink Pepper	2.5	8
Frankincense	2.5	8

## SWEET TREE

			
Bergamot		3.5	11
Douglas Fir		3.5	11
Pink Pepper		3	10
Patchouli		2	6

*Tip: Siberian Fir can be used in place of Douglas Fir.*

## PINK PEPPERMINT

			
Eucalyptus		5.25	16
Pink Pepper		4	12
Peppermint		4	12



