

# ZenGest™

Essential Oil Blend 15 mL

# dōTERRA™

PRODUCT INFORMATION PAGE



### Application:



### Ingredients:

Ginger Rhizome/Root, Peppermint Plant, Caraway Seed, Coriander Seed, Anise Seed, Tarragon Plant, and Fennel Seed essential oils.

### Aromatic Description:

Spicy, sweet, minty, licorice

### PRODUCT DESCRIPTION

ZenGest is a dōTERRA proprietary blend mixed to calm and soothe you, body and soul. This unique blend combines the calming properties of Ginger, Fennel, Coriander, Peppermint, Tarragon, Anise, and Caraway. ZenGest can be diffused for its licorice aroma, can be applied topically to the abdomen, or taken internally for its soothing properties.

### USES

- Add a few drops to water to take internally.
- ZenGest is a great oil to take on airplanes or vacation.

### DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Internal use:** Dilute one drop in 4 fl. oz. of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

### CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

## PRIMARY BENEFITS

- Uplifting and empowering aroma.
- Soothing properties.

### ZenGest™

Essential Oil Blend 15 mL

Part Number: 31031813

Wholesale: \$32.86

Retail: \$43.81

PV: 32.86

\*Also available as a softgel

