

# Vetiver

*Vetiveria zizanioides* 15 mL

dōTERRA™

PRODUCT INFORMATION PAGE



## Application:



**Plant Part:** Root

**Extraction Method:** Hydro Diffusion

**Aromatic Description:** Sweet, woody, caramel, smoky

**Main Chemical Components:** Carvone, Isovalencenol, Khusimol

## PRIMARY BENEFITS

- Calming, grounding aroma.
- Promotes alertness.

## Vetiver

*Vetiveria zizanioides* 15 mL

Part Number: 30431713

Wholesale: \$36.57

Retail: \$48.76

PV: 36.57



## PRODUCT DESCRIPTION

Vetiver, a member of the grass family, is grown for many reasons. Unlike other grasses, the root system of Vetiver grows down, making it ideal for helping to prevent erosion and providing soil stabilization. Vetiver has a rich, exotic, complex aroma that is used extensively in perfumes. Due to Vetiver's calming, grounding aroma, Vetiver is an ideal oil to use in massage therapy. Vetiver helps promote alertness.

## USES

- Take a warm bath with a few drops of Vetiver essential oil for deep relaxation.
- Diffuse with Lavender, Serenity, or Balance for a peaceful night.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.