

# Tangerine

*Citrus reticulata* 15 mL

dōTERRA | CANADA

Product Information Page



**CPTG** Certified Pure Tested Grade®

**Application:** A T I N

**Plant Part:** Peel/Rind

**Extraction Method:** Cold pressed

**Aromatic Description:** Tangy, sweet, fresh

**Main Chemical Composition:** Limonene

**Tangerine** | *Citrus reticulata* 15 mL

60202904

## Primary Benefits

- + Delivers a refreshing, invigorating, and elevating aroma.
- + Adds a twist of citrus flavour to water and recipes
- + Can improve the appearance of skin
- + Effectively cleans surfaces.

## Description

Cold pressed to perfection, Tangerine essential is a sweet and versatile citrus oil. Diffusing Tangerine invites a delightful, invigorating atmosphere into your favourite spaces. Tangerine also enhances the taste of desserts, beverages, and other recipes that call for citrus. The elevated limonene content in CPTG Certified Pure Tested Grade® Tangerine oil sets it apart as a superior surface cleaner. Add a few drops to your all-purpose cleaning sprays or include a drop in your evening skincare routine to give complexion a clean, refreshed appearance.

## Uses

- + Use Tangerine oil to enhance the flavour in cake or cookie recipes.
- + Add a drop or two of Tangerine essential oil to water, tea, or lemonade to boost the flavour.
- + Add Tangerine essential to your favourite diffuser for a delightful aroma.
- + Apply to flex points or pulse points for an uplifting massage aroma.
- + Incorporate a drop into your evening skincare for a fresh, clean look.
- + Add a drop to an all-purpose spray to cleanse household surfaces.

## Directions

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in 120 mL of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.