

Peppermint

Mentha piperita 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade®

Application: **A** **T** **I** **S**

Plant Part: Leaf/Stem

Extraction Method: Steam distillation

Aromatic Description: Minty, fresh, herbaceous

Main Chemical Components: Menthol, menthone, eucalyptol

Peppermint

Mentha piperita 15 mL

Part Number: 30191813

Wholesale: \$21.73 CAD

Retail: \$28.97 CAD

PV: 21.73

PRODUCT DESCRIPTION

Consistently one of dōTERRA's best sellers, Peppermint oil has a wide range of benefits from freshening breath to its energizing aroma. Peppermint essential oil is always useful to have on hand.

USES

Cosmetic

- Massage into neck and shoulders for a refreshing aroma.
- Add to shampoo or conditioner for a stimulating hair massage.
- Add to cold water compress or foot bath to cool off when overheated.
- Dilute with Fractionated Coconut Oil and apply after exercise for a refreshing feeling.

Food

- Add one or two drops to a favorite smoothie recipe for a refreshing twist.

Household

- Place Peppermint in a spray bottle and spritz around windows and doors.
- Diffuse five drops Peppermint oil for an energizing aroma.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



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