PRODUCT DESCRIPTION

Ancient records show that Myrrh was deemed so valuable that at times it was valued at its weight in gold. Myrrh essential oil is derived from the gummy resin of the small, thorny Myrrh tree. Referenced in the Bible as the Balm of Gilead, Myrrh has been used throughout history as a perfume and incense. It was also employed in embalming and religious ceremonies. Myrrh has powerful cleansing properties. It is also soothing to the skin—promoting a smooth, youthful-looking complexion—and promotes a sense of balance and well-being.

USES

- Add 1–2 drops to toothpaste for added cleansing benefits.
- Diffuse to help promote to promote a sense of balance and well-being.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.
Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.