

Myrrh

Commiphora myrrha 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade®

Application: A | T | N

Plant Part: Resin

Extraction Method: Steam distillation

Aromatic Description: Hot, smoky, herbaceous, woody, dry

Main Chemical Components: Furanodudesma 1, 3-diene, curzerene

Myrrh

Commiphora myrrha 15 mL

Part Number: 30161713

Wholesale: \$55.12 CAD

Retail: \$73.49 CAD

PV: 55.12

PRODUCT DESCRIPTION

Ancient records show that Myrrh was deemed so valuable that at times it was valued at its weight in gold. Myrrh essential oil is derived from the gummy resin of the small, thorny Myrrh tree and has been used for centuries for its many benefits.

USES

Cosmetic

- Add one drop to your facial cleanser for revitalized skin.
- Add one to two drops to toothpaste for added cleansing benefits.
- Use topically in conjunction with a full-body massage for relief.
- Dilute one drop in two ounces of water and gargle for a mouth rinse.
- Combine with Roman Chamomile and add to bath for a relaxing aromatherapy experience.

Household

- Diffuse Myrrh for a calming fragrance before bed.
- Add to a spray bottle of water to clean tables, countertops, and other surfaces.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



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