

# Marjoram

*Origanum majorana* 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade®

**Application:** **A** **T** **I** **N**

**Plant Part:** Leaf

**Extraction Method:** Steam distillation

**Aromatic Description:** Warm, herbaceous, woody

**Main Chemical Components:** Terpinen-4-ol, sabinene hydrate,  $\gamma$ -terpinene

## Marjoram

*Origanum majorana* 15 mL

Part Number: 30141813

Wholesale: \$20.14 CAD

Retail: \$26.85 CAD

PV: 20.14

## PRODUCT DESCRIPTION

Also known as “joy of the mountains,” Marjoram was known to the Greeks and Romans as a symbol of happiness. In modern applications, Marjoram is valued for its calming properties.

## USES

### Cosmetic

- Apply Marjoram oil prior to bedtime for a calming scent.
- Apply to back of neck and shoulders for a relaxing aroma.
- Dilute with Fractionated Coconut Oil and apply after exercise for a refreshing feeling.

### Food

- Replace Marjoram oil in a recipe that calls for dried Marjoram.
- Infuse in olive oil for a refreshing salad dressing, marinade, or bread dip.

### Household

- Diffuse Marjoram with Cedarwood and Lavender for a relaxing pre-bedtime scent.
- Mix Marjoram and Lavender oil with water. Spray on sheets and linens for a restful fragrance.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



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