**PRODUCT DESCRIPTION**
Referred to as a “forbidden fruit” and one of the “Seven Wonders of Barbados,” Grapefruit was first documented in 1750 by Welshman, Rev. Griffith Hughes. Grapefruit is renowned for its cleansing properties and its invigorating aroma. The cleansing properties found in Grapefruit are beneficial for the appearance of skin and can add a soothing touch to any moisturizer or face wash. Its invigorating aroma is a good oil to diffuse while studying. Because of its multitude of benefits, Grapefruit can be found in several dōTERRA proprietary blends, such as Smart & Sassy, AromaTouch, and InTune.

**USES**
- Diffuse while studying or reading.
- Add to your favorite moisturizer for added cleansing benefits.

**DIRECTIONS FOR USE**
**Diffusion:** Use three to four drops in the diffuser of your choice.
**Internal use:** Dilute one drop in 4 fl. oz. of liquid.
**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

**CAUTIONS**
Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

**PRIMARY BENEFITS**
- Effective cleaner.
- Beneficial for the appearance of skin.