

dōTERRA[®] CANADA

Product Information Page



Application: 🗛 🗊 🕓

Ingredients: Laurel Leaf, Eucalyptus, Peppermint, Tea Tree, Lemon, Cardamom, Ravintsara, Ravensara

Extraction Method: Steam distillation

Aromatic Description: Sweet, minty, fresh

Main Chemical Components: Carvone, limonene, 1,

8-cineole, β -myrcene

Easy Air[®] | Essential oil blend 15 mL

60200204

Primary Benefits

- + Has a relaxing, minty aroma
- + Promotes an airy, breathable environment
- + Provides a soothing sensation to skin

Product Description

Easy Air is a remarkable blend of Laurel Leaf, Peppermint, Eucalyptus, Tea Tree, Lemon, Cardamom, Ravintsara, and Ravensara essential oils. This blend was specifically designed to help you create an airy, breathable home environment and is the perfect aromatic tool to use during shifting seasons. Easy Air can be applied topically to the chest, back, or bottoms of the feet, or diffused at nighttime to promote a restful sleeping environment.

Uses

- + Inhale directly from the palms or rub on the chest or feet.
- + Add several drops to your shower floor for a revitalizing aroma.
- + Diffuse during changing seasons for an airy, breathable atmosphere.
- + Diffuse at bedtime for a restful environment.

Directions for Use

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Dilute one drop with 5-10 drops of carrier oil to minimize skin sensitivity.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.