

dōTERRA Forgive®

Essential Oil Blend 5 mL

dōTERRA® | CANADA

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T S

Ingredients: Spruce, Bergamot, Juniper Berry, Myrrh, Arbovitae, Nootka Tree, Thyme, Citronella Herb

Aromatic Description: Herbaceous, fresh, woody

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Product Description

dōTERRA Forgive Essential Oil Blend of tree and herb essential oils will help provide a refreshing aroma that promotes a grounding effect. Start each of your tomorrows with Forgive Renewing Blend.

Uses

Cosmetic

- + Add a drop to a warm bath for a soothing experience.
- + Use during a massage to promote serene atmosphere.
- + Apply to neck and wrists for a grounding and renewing aroma.

Household

- + Diffuse for a refreshing, renewing aroma.
- + Apply to a cotton ball and place in car's AC vent for a calming aroma.

Directions for Use

Diffusion: Use one to two drops in the diffuser of choice.

Topical use: When used topically, dilute 1 drop with 5-10 drops of carrier oil as needed for skin sensitivity.

Cautions

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.