

dōTERRA

Balance[®]

Essential Oil Blend 15 mL

dōTERRA[™]

PRODUCT INFORMATION PAGE



Application:



Ingredients:

Spruce Needle/Leaf, Ho Wood, Frankincense Resin, Blue Tansy Flower, and Blue Chamomile Flower essential oils in a base of Fractionated Coconut Oil.

Aromatic Description:

Airy, fresh, sweet, woody

PRODUCT DESCRIPTION

The warm, woody aroma of Balance, the dōTERRA grounding blend, creates a sense of calm and well-being. Spruce, one of the oils in Balance, was used by Native Americans for spiritual reasons and is still used today to bring harmony to busy lives. Ho Wood, Blue Tansy, and Blue Chamomile relax the body, while Frankincense supports an overall appearance of well-being.

USES

- Begin your day by putting Balance on the bottom of your feet
- Balance is a great oil blend to use during an AromaTouch hand massage

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PRIMARY BENEFITS

- Promotes relaxation.
- Evokes feelings of tranquility and balance.

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Part Number: 31011713

Wholesale: \$21.20

Retail: \$28.27

PV: 21.20

