

# Coriander

*Coriandrum sativum* 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade®

**Application:** A T I N

**Plant Part:** Seed

**Extraction Method:** Steam distillation

**Aromatic Description:** Green, floral, herbaceous

**Main Chemical Components:** Linalool,  $\alpha$ -pinene,  $\gamma$ -terpinene, camphor

## PRODUCT DESCRIPTION

With a fresh, herbaceous aroma, Coriander can be soothing to the mind and body, and helpful for the skin. Coriander oil is as unique as it is useful.

## USES

### Cosmetic

- Add to facial cleanser to promote clean skin.
- Apply to back of neck or bottom of feet after an event-filled day.
- Apply Coriander to legs for a soothing massage after a short workout.
- Use topically under arms before applying deodorant to help fight odor.
- Combine with Fractionated Coconut Oil and massage into skin for a soothing effect.

### Food

- Add one drop to curry recipes for an extra boost in flavor.
- Household
- Combine with Peppermint and diffuse for a stimulating aroma.

## Coriander

*Coriandrum sativum* 15 mL

Part Number: 30781813

Wholesale: \$27.65

Retail: \$36.75

PV: 27.5



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**CPTG** Certified Pure Tested Grade®

**Application :** A T I S

**Partie de la plante :** Plant

**Methode d'extraction :** Steam distillation

**Description de l'arome :** Sweet, minty, fresh

**Composes chimiques principaux :** Carvone, limonene, 1, 8-cineole,  $\beta$ -myrcene

## Coriander

*Coriandrum sativum* 15 mL

Numéro de Reference : 30781813

Format : 15mL

En gros : \$27.65

Au detail : \$36.75

PV : 27.5

## DESCRIPTION DU PRODUIT

Bergamot is the most delicate of the citrus plants, requiring a special climate and soil in order to thrive. Italians have used Bergamot for years to soothe skin. In Greece, the unripe fruits are used as sweetmeats, eaten by the spoonful as a dessert or with coffee. Bergamot is unique among citrus oils because its aroma can be both uplifting and calming, while also cleansing the skin.

## USAGES

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