

Blue Tansy

Tanacetum annuum 5 mL

dōTERRA® | CANADA

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A | T | N

Plant Part: Flower/Leaf/Stem

Extraction Method: Steam distillation

Aromatic Description: Fruity, mellow, balsamic

Main Chemical Composition: Sabinene, Chamazulene, p-Cymene, α -Phellandrene, β -Pinene, Camphor

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Primary Benefits

- + Has a fruity, mellow, refreshing aroma
- + Provides a cooling sensation to the skin
- + Provides a calm and relaxing aroma during a massage
- + Soothes dry skin
- + Promotes a glowing, youthful complexion

Description

Blue tansy—also called Moroccan tansy—is an annual, yellow-flowered Mediterranean plant found in northern Morocco. It is a prized ingredient in high-end skincare products for its ability to promote a youthful, glowing complexion due to its main chemical constituent sabinene, which holds valuable skincare benefits. Chamazulene, another chemical component in Blue Tansy, provides the essential oil's characteristic indigo colour. Because of its high concentration of camphor, Blue Tansy also provides a soothing effect. Massage it into the skin with Fractionated Coconut Oil or lotion after a long day or intense exercise. When diffused, Blue Tansy essential oil fills any room with a sweet aroma.

Uses

- + Diffuse to create a warm, mellow atmosphere to any room.
- + Add a drop of Blue Tansy oil to your favorite moisturizer or cleanser to soothe skin.
- + Include one to two drops in lotion for massage.
- + Apply two to three drops to a cotton ball and place in a vent for a soothing aroma..

Directions

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity and staining.

Cautions

For external use only. Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. May stain surfaces and fabrics.