

# Black Pepper

*Piper nigrum* 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade®

**Application:** **A** **T** **I** **S**

**Plant Part:** Fruit

**Extraction Method:** Steam distillation

**Aromatic Description:** Hot, sharp, fruity, spicy

**Main Chemical Components:** Caryophyllene, limonene, carene, sabinene

## PRODUCT DESCRIPTION

Most popularly known for its use in the kitchen, Black Pepper essential oil adds a burst of flavor to meals, and can be taken internally or used aromatically for a variety of benefits.

## USES

### Cosmetic

- Apply to palms and inhale directly for an energizing aroma.
- Create a warming, soothing massage by combining with Fractionated Coconut Oil.
- Apply to the bottom of feet for an invigorating wake up when dragging throughout the day.
- Dilute with Fractionated Coconut Oil and apply to abdomen for an invigorating massage.

### Food

- Add to chocolate desserts for a unique flavor profile.
- Add to meats, soups, entrees, and salads to enhance food flavor.

### Household

- Diffuse for an invigorating aroma during a long workday.

## Black Pepper

*Piper nigrum* 5 mL

Part Number: 41041813

Wholesale: \$28.00 CAD

Retail: \$37.33 CAD

PV: 23.5



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**Application:** A T I S

**Partie de la plante:** Plant

**Methode d'extraction:** Steam distillation

**Description de l'arome:** Sweet, minty, fresh

**Composes chimiques principaux:** Carvone, limonene, 1, 8-cineole,  $\beta$ -myrcene

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