

# Basil

*Ocimum basilicum* 15mL

dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade®

**Application:** A T I N

**Plant Part:** Leaf

**Extraction Method:** Steam distillation

**Aromatic Description:** Warm, spicy, herbal

**Main Chemical Components:** Linalool

## PRODUCT DESCRIPTION

A truly versatile oil, Basil is known for its soothing aroma and for providing a cooling sensation to the skin. Basil adds flavor to a variety of dishes and is a helpful addition to any essential oil collection.

## USES

### Cosmetic

- Apply topically during warm weather for a cooling sensation.
- Apply to back of neck while studying or reading for an energizing aroma.
- Combine with Fractionated Coconut Oil and apply to abdomen for a soothing massage.
- Combine one drop Basil and one drop Tea Tree with Fractionated Coconut Oil, then apply to neck and behind ears for a skin-soothing experience.

### Food

- Infuse olive oil with Basil for an Italian bread dip.

### Household

- Diffuse with Lime, Bergamot, or Peppermint for an invigorating aroma.
- Diffuse for a relaxing fragrance while studying, reading, or finalizing a project.

## Basil

*Ocimum basilicum* 15 mL

Part Number: 30011813

Wholesale: \$25.50 CAD

Retail: \$34.00 CAD

PV: 21.5



# Basilic

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PAGE D'INFORMATION



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## DESCRIPTION DU PRODUIT

Le basilic a un arôme chaleureux, épicé et aromatique qui procure un sentiment de calme. Le basilic est généralement utilisé en cuisine pour ajouter une saveur fraîche et aromatique aux viandes, pâtes et entrées, mais il est également rafraîchissant et apaisant pour la peau. Diffusé, le basilic a un arôme revigorant et énergisant, et constitue une bonne huile à utiliser en étudiant.

## USAGES

Application: **A** **T** **I** **N**

Partie de la plante: Feuille

Méthode d'extraction: Hydrodistillation

Description de l'arôme: Chaud, épicé, aromatique

Composés chimiques principaux: Linalol

### Basilic

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