



CPTG Certified Pure Tested Grade®

Application: A T N

Ingredients: Fractionated Coconut Oil, Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile, Osmanthus.

Aromatic Description: Airy, fresh, sweet, woody

Balance® | Essential Oil Blend 15 mL

31011713

Primary Benefits

- + Has a tranquil, grounding aroma
- + Promotes a balanced environment
- + Provides an atmosphere of calm and well-being during massage

Product Description

The calm, woody aroma of Balance oil blend helps create the ultimate supportive environment when diffused or included in your daily meditation practices. Let Balance carry your senses to a state of tranquility with the fresh, forest scents of Spruce and Ho Wood essential oils, gentle Tansy, Chamomile and Osmanthus, and rich Frankincense. To create a relaxing atmosphere, simply apply a drop to the bottoms of your feet, massage into your shoulders, or inhale deeply from your palms. Whenever you are faced with moments of difficulty or overwhelm, remember to reflect, recenter, and seek your inner Balance.

Uses

- + Begin your day by putting Balance oil on the bottoms of your feet.
- + Apply Balance oil to your neck and wrists for a peaceful aroma during the day.
- + Combine Balance oil with Epsom salts in a warm bath.
- + Diffuse Balance oil when meditating or practicing yoga.

Directions for Use

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: When used topically, dilute 1 drop with 5-10 drops of carrier oil as needed for skin sensitivity.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.