

dōTERRA® TEA TREE

Melaleuca alternifolia leaf oil essential 1 mL/mL.

Herbaceous, green, leathery

Aromatic description

Tea tree or Melaleuca Essential Oil is best known for its purifying qualities, with an aroma that freshens the air.

The herbaceous and green aroma of tea tree comes with a raft of therapeutic benefits, with beneficial effects for respiratory health, skin health and wound care. Tea tree oil has fresh cleansing properties which makes it a versatile oil with many uses around the home and in health and wellness.

PRIMARY BENEFITS

TRADITIONALLY USED IN AROMATHERAPY TO:

- Relieve symptoms of nail mild fungal infection
- Promote immune system function
- Relieve symptoms of common colds and flu
- Clear respiratory tract mucous
- Relieve symptoms of acne
- Relieve symptoms of dandruff
- Reduce itchy skin associated with mild eczema/dermatitis
- Relieve symptoms of mild psoriasis
- Reduce symptoms of mild psoriasis
- Decrease symptoms of athlete's foot/tinea
- Relieve warts
- Support wound healing
- Relieve symptoms of insect bite/sting

DIRECTIONS FOR USE

INHALATION: Add 8-12 drops in a vaporizer and inhale slowly and deeply. Add 8-12 drops into hot water and inhale slowly and deeply. Add 1-2 drops onto a tissue, hold near the nose and inhale. Use up to 3 times per day or as needed.

TOPICAL USE: Dilute 1-2 drops of oil with 2-4 drops of carrier oil and apply to affected area Use up to 3 times per day or as needed.

WARNINGS

NOT TO BE TAKEN. KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. Avoid contact with eyes, inner ears, and sensitive areas. If you are pregnant, nursing, or under a doctor's care, consult your physician

PLANT PART: Leaf

EXTRACTION METHOD: Steam distillation

MAIN CHEMICAL COMPONENTS: Terpinen-4-ol, γ-terpinene, α-terpinene





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ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.



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Due to its unique aroma, I debated whether or not to include this powerful essential oil, but once I combined all the AromaTouch Technique essential oils together I found that Tea Tree (Melaleuca) positively contributed to the overall aroma of the AromaTouch Technique." – Dr. Hill





x3



Palm Slide

x3



Five-Zone Activation

AROMATOUCH TECHNIQUE® RESOURCES

AromaTouch Technique Certification Course

By purchasing this kit, you received access to the AromaTouch training course via email. Check the email address associated with your dōTERRA account for a unique access code to begin the training.

Follow Along

Performing the AromaTouch Technique independently takes time and practice. Scan this QR code to watch a video and follow along as you learn to comfortably perform the technique. The video features soothing background music, making it the perfect addition to an AromaTouch experience.

AromaTouch Technique eBook

This eBook provides additional information on the essential oils and blends used in the AromaTouch Technique, as well as business strategies to help you share the technique and dōTERRA® products. The AromaTouch Technique isn't just the act of applying essential oils for another person. It's a gift from you to a loved one. It creates a connection beyond the physical. The last section of this eBook has space for you to document and reflect on your experiences as you perform the AromaTouch Technique for family and friends.

Refill Kit

Need a refill? We have an AromaTouch® Refill Kit available for you. It includes all eight essential oils used in the AromaTouch Technique. Add it to your loyalty order so you never run out!

See individual labels for ingredients, cautions, and instructions for use.



Scan this QR code to access the video!



Discover the power of essential oils with the AromaTouch Technique and certification course.

Scan this QR code for more information





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