# PETITGRAIN

Citrus aurantium 15 mL

# Fresh, floral, slightly herbaceous

Aromatic description

## PRIMARY BENEFITS

- Provides a fresh, herbaceous note when used in perfume body sprays, lotions and colognes.
- Provides a calming aroma.

## **PRODUCT DESCRIPTION**

Petitgrain essential oil is derived from the bitter orange tree, which has a long history of use in traditional health practices.

Petitgrain essential oil has been used for cleaning purposes. There are three essential oils derived from the bitter orange tree.

Petitgrain is distilled from the leaves and twigs of the tree, Neroli essential oil is distilled from the blossoms, and Bitter Orange oil is produced by cold pressing the rinds of the fruits.

Petitgrain is widely used in the perfume industry, giving body sprays, fragrances, lotions and colognes a fresh, herbaceous note that is popular among both women and men.

By sourcing Petitgrain from Paraguay through our Co-Impact Sourcing® initiative, dōTERRA is able to support needed rural community development projects and provide diversified income for small-scale farmers. This approach provides an economically viable alternative to clear-cutting land, dramatically helping to protect the remaining patches of the Atlantic Rainforest in eastern Paraguay.

### USES

- Diffuse for a calming and relaxing aroma. Blends well with other citrus oils, Cassia, Cinnamon, Eucalyptus, Geranium and Lemongrass.
- Before going to bed, add a few drops of Petitgrain essential oil along with Lavender or Bergamot to pillows and bedding for its aroma.

## DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions to the right.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

#### PLANT PART: Leaf, twig

**EXTRACTION METHOD:** Steam distillation

MAIN CHEMICAL COMPONENTS: Linalyl acetate, linalool, alphaterpineol





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