PATCHOULI

Pogostemon cablin 15 mL

Rich, woody, musky, earthy

Aromatic description

PRIMARY BENEFITS

- · Grounding, balancing aroma
- · Promotes a smooth, glowing looking complexion when applied to skin
- Reduces the appearance of wrinkles, blemishes, and skin imperfections when applied topically

PRODUCT DESCRIPTION

Patchouli is a bushy herb from the mint family with stems reaching two or three feet in height and bearing small, pink-white flowers.

Easily recognised for its rich, muskysweet fragrance, Patchouli is regularly used in the perfume industry as well as in scented products like laundry detergents and air fresheners. Patchouli is beneficial to the skin in many ways. It's often used topically to help reduce the appearance of wrinkles, blemishes, and minor skin imperfections and to promote a smooth, glowing looking complexion.

The fragrance of Patchouli essential oil has a grounding and balancing aroma.

USES

 Blends well in the diffuser with Peppermint, Sandalwood, Bergamot, Geranium, Lavender and Clary Sage essential oils. Apply one to two drops to help reduce the appearance of wrinkles, blemishes, or problem skin areas or add to your favourite moisturiser.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

FOOD FLAVOUR USE: Add one or two drops to food.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

PLANT PART: Leaf

EXTRACTION METHOD:

Steam distillation

MAIN CHEMICAL COMPONENTS:

Patchouli alcohol, α -Bulnesene, α -Guaiene

