

dōTERRA TOUCH® ICE BLUE®

Athletic Blend 10 mL Roll-On

Minty, camphoraceous

Aromatic description

PRIMARY BENEFITS

- Soothing and cooling to the skin
- Comforting part of a massage

PRODUCT DESCRIPTION

dōTERRA Touch® Ice Blue® combines Ice Blue® essential oil blend in a base of Fractionated Coconut Oil, which delivers soothing benefits to the skin in a diluted form. Packaged in a convenient roll-on, dōTERRA Touch® Ice Blue® can be used as a soothing massage.

Try rubbing onto your hands, wrists, shoulders and neck after exercising, lifting, or working long hours and experience its cooling and refreshing sensation.

USES

- Massage onto legs before bedtime.
- Apply to feet and knees before and after exercise.

- Rub dōTERRA Touch® Ice Blue® on lower back muscles after a day of heavy lifting at work or during a move.

DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

INGREDIENTS

Fractionated Coconut Oil, Wintergreen Leaf, Camphor Bark, Peppermint Plant, Ylang Ylang Flower, Helichrysum Flower, Blue Tansy Flower, Blue Chamomile Flower, and Osmanthus Flower.



Certified Pure Tested Grade

Except as indicated, all words with a trademark or registered trademark symbol are trademarks or registered trademarks of dōTERRA Holdings, LLC.

©2020 dōTERRA 21022020