GERANIUM

Pelargonium graveolens 15 mL

Herbaceous, green, floral, sweet, dry

Aromatic description

PRIMARY BENEFITS

- · Promotes the appearance of clear, healthy looking skin
- · Gives hair a vibrant, healthy looking glow

PRODUCT DESCRIPTION

A member of the Pelargonium genus, geranium is grown for its beauty and is a staple of the perfume industry.

While there are over 200 different varieties of Pelargonium flowers, only a few are used as essential oils. Uses of Geranium essential oil date back to ancient Egypt when Egyptians used Geranium oil to beautify the appearance of skin. In the Victorian era, fresh geranium leaves were placed at formal dining tables as decorative pieces and to be consumed as a fresh sprig if desired; in fact, the edible leaves and flowers of the plant are often used in desserts, cakes, jellies and teas.

As an essential oil, Geranium has been used to promote the appearance of clear skin and healthy hair, making it ideal for skin and hair care products.

The aroma helps promote a feeling of calm and balance.

USES

 Use in an aromatherapy steam facial to help beautify the appearance of skin.

- Add a drop to your moisturiser to make skin feel smoother.
- Geranium essential oil is great for both dry and oily hair. Apply a few drops to your shampoo or conditioner bottle or make your own deep hair conditioner.
- Diffuse aromatically for a calming aroma. Blends well with Juniper Berry, Blue Tansy and Ylang Ylang essential oils.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions to the right.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

PLANT PART: Flower/Leaf

EXTRACTION METHOD:

Steam distillation

MAIN CHEMICAL COMPONENTS:

Citronellol, citronellyl formate, geraniol



