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AU SKU: 60213473



dōTERRA® EUCALYPTUS

Eucalyptus globulus leaf oil essential 1 mL/mL

Camphoraceous, airy

Aromatic description

Breathe easy with the cooling and clearing scent of Eucalyptus leaf oil.

With its distinctly cool and camphoraceous aroma, Eucalyptus leaf oil is traditionally used in Western herbal medicine to help alleviate cough and cold symptoms. It can also be used to aid mild rheumatic aches and pains. Our highly concentrated Eucalyptus leaf oil can be applied topically to affected areas or diffused to disperse the cool, clear and airy aromas.

PRIMARY BENEFITS

TRADITIONALLY USED IN
AROMATHERAPY TO:

- Relieve respiratory symptoms of common cold
- Relieve coughs
- Relieve symptoms of mild upper respiratory tract infections
- Decrease mild rheumatic aches and pains

PRODUCT DESCRIPTION

Eucalyptus leaf essential oil is carefully steam-distilled from the oval-shaped leaves of the Eucalyptus (or gum) tree, resulting in a highly fragrant oil that has a distinctive camphoraceous and clearing aroma.

Native to Australia, Eucalyptus trees are towering evergreens that can grow in excess of 150 metres in height. The oil glands in the leaves of the eucalyptus tree produce the aromatic compounds that give us their unmistakable scent.

Eucalyptus essential oil can help alleviate cough and cold symptoms and is traditionally used in Western herbal medicine to reduce the severity of symptoms in mild upper respiratory tract infections. It can also help with mild rheumatic aches and pains. Our highly concentrated Eucalyptus leaf oil can be applied topically to affected areas or diffused to disperse the cool, clear and airy aromas.

DIRECTIONS FOR USE

DIFFUSION: Add 8 - 12 drops in a vaporiser and inhale deeply. Add 8 - 12 drops to a bowl of hot water and inhale deeply. Apply 1 - 2 drops onto a tissue, hold near nose and inhale.

Use up to 3 times per day

TOPICAL USE: Dilute 1-2 drops of oil with 2-4 drops of carrier oil and apply to affected area up to 3 times per day.

See additional precautions below

WARNINGS

NOT TO BE TAKEN.
KEEP OUT OF REACH OF CHILDREN.
Do not use if pregnant. Avoid contact with eyes, inner ears, and sensitive areas.

PLANT PART: Leaf

EXTRACTION METHOD:

Steam distillation

MAIN CHEMICAL COMPONENTS:

Eucalyptol, limonene, alpha-pinene



Certified Pure Tested Grade

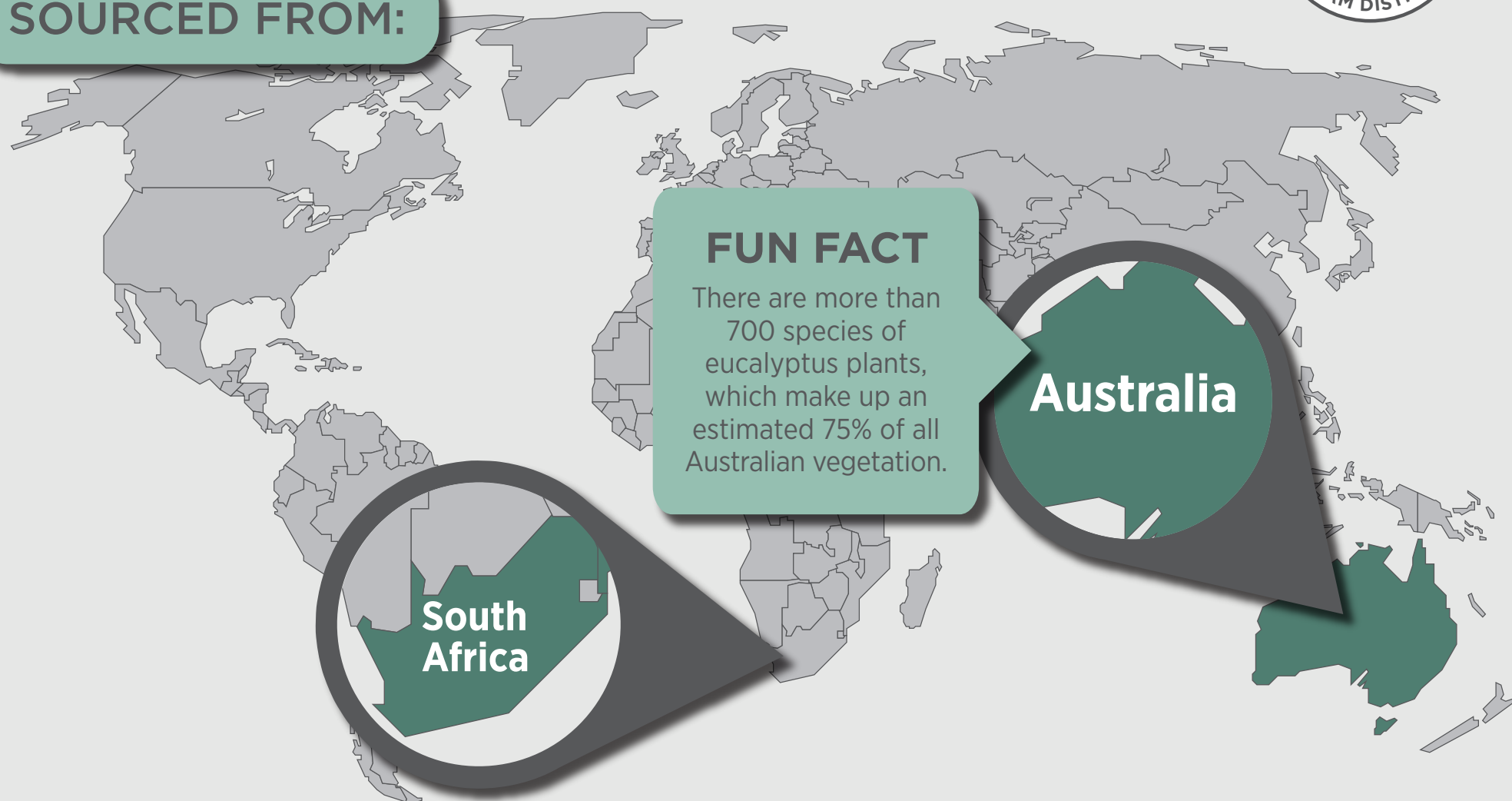
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ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.

Eucalyptus



SOURCED FROM:



FUN FACT

There are more than 700 species of eucalyptus plants, which make up an estimated 75% of all Australian vegetation.

Australia

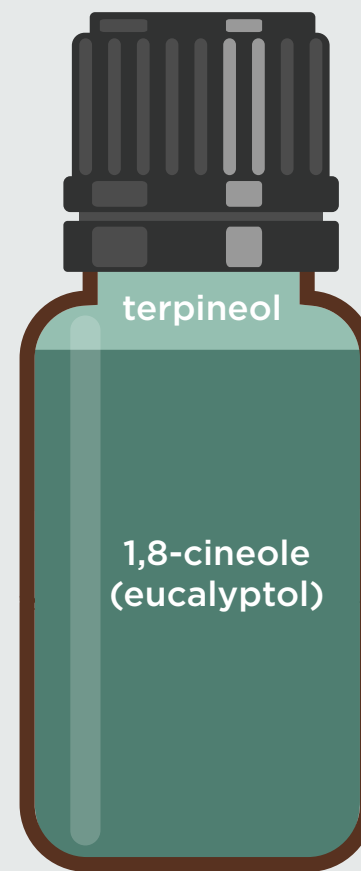
South Africa

WHAT IT TAKES TO MAKE A BOTTLE:



Eucalyptus essential oil is steam distilled from the leaves of the tree.

CHEMISTRY:



The main chemical constituents and associated benefits of eucalyptus are:

calming

cleansing

Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

RESEARCH:

421

Published studies on the benefits of eucalyptus

Numbers according to PubMed as of December 2017

FUN FACT

Koalas survive on a diet of only eucalyptus and eat an average of more than 204 kilograms of leaves each year.

WORKS WELL WITH:

