# **dōTERRA PEACE®**

### Reassuring Blend 5mL

## Sweet, warm, rich

Aromatic description

#### **PRIMARY BENEFITS**

· Formulated to help promote feelings of peace, reassurance and contentment

#### PRODUCT DESCRIPTION

Is the fast pace of life leaving you feeling overwhelmed and unbalanced? doTERRA Peace® Reassuring Blend of floral and mint essential oils is a positive reminder you don't have to be perfect to find peace.

Slow down, take a deep breath, and reconnect with the composed, collected you. Everything turning out fine begins with believing it will, along with a few drops of doTERRA Peace® Reassuring Blend to support you.

#### **USES**

- Diffuse at night time to promote a calming environment before a restful sleep.
- For a calming aroma, apply one drop to hands, rub together and inhale deeply.

 A calming scent massaged into the bottoms of feet is ideal during feelings of restlessness or emotional upset.

#### **DIRECTIONS FOR USE**

DIFFUSION: Use one to two drops in the diffuser of choice.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions below.

#### **CAUTIONS**

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

#### **INGREDIENTS**

Vetiver Root, Lavender Flower, Ylang Ylang Flower, Frankincense Resin, Clary Sage Flower, Marjoram Leaf, Labdanum Twig Absolute, Spearmint Leaf/Flower

