# COPAIBA

## Copaifera essential oil 15mL

# Spicy, woody

Aromatic description

#### **PRIMARY BENEFITS**

- Unwind and relax by incorporating Copaiba essential oil into a warming and soothing massage, ideal for tired muscles
- Help reduce the appearance of blemishes. Add to your facial moisturiser to promote the appearance of a clear and smooth complexion
- We all need a little calm sometimes. The woody and calming scent of Copaiba essential oil is ideal when feeling overwhelmed

### PRODUCT DESCRIPTION

Copaiba essential oil is derived from the resin of the copaiba tree which can grow upwards of more than 30 metres and can be found in tropical South America.

Copaiba oil is widely used in cosmetic products including soaps, creams, lotions and perfumes. Since the 16th century, Copaiba essential oil has been utilised in traditional health practices by the natives of north and northeastern Brazil.

Similar to Black Pepper essential oil, Copaiba essential oil is soothing and calming to the emotions and can be applied topically when combined with a carrier oil to promote the appearance of a clear, smooth complexion.

### **DIRECTIONS FOR USE**

DIFFUSION: Use three to four drops in a diffuser of your choice.

FOOD FLAVOUR: Add one or two drops to food or water.

TOPICAL USE: Combine one to two drops with a teaspoon of carrier oil and massage into the desired area.

See additional precautions below.

### **CAUTIONS**

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

#### **PLANT PART:**

Resin from Copaifera reticulata, officinalis, coriacea and langsdorffii

#### **EXTRACTION METHOD:**

Steam distillation

MAIN CHEMICAL COMPONENTS:

Caryophyllene

