



# IKISE™

## FAQ

### 1. Is IKISE™ suitable for sensitive skin?

Yes, IKISE™ is formulated with gentle, plant-based ingredients and CPTG® essential oils. However, as with any new skincare, we recommend a patch test before full application.

### 2. Can I use IKISE™ products both morning & night?

Absolutely. The core 4-step ritual (Cleanse – Face Wash, Hydrate & Prep – Lotion, Treat – Dual Serum, Seal & Protect – Day & Night Face Cream) is designed for daily use, morning and evening. Some users adjust depending on skin needs or lifestyle.

### 3. What skin types is IKISE™ best for?

IKISE™ was formulated for all skin types, with layering guidance for dry, normal, and combination skin. It's flexible and customisable with add-ons like Booster Oil or Intensive Eye Cream for more targeted support.

### 4. What's the shelf life of IKISE™ products?

Unopened products typically have a shelf life of 2 years. Once opened, we recommend using within 6–12 months for optimal freshness and efficacy.

### 5. Can I layer other products with IKISE™ (e.g. sunscreen or makeup)?

Yes! IKISE™ is designed to work beautifully under sunscreen and makeup. Just ensure your Day & Night Face Cream has fully absorbed before applying other products.

### 6. Why are CPTG® essential oils used in skincare?

CPTG® essential oils offer both aromatic and topical benefits - supporting emotional balance, skin clarity, and cellular renewal. In IKISE™, they're used with precision to elevate both performance and experience.

### 7. Is the fragrance in IKISE™ natural?

Yes. All scents come from the natural CPTG® essential oils used in the formulation - no synthetic fragrances are added.

### 8. Can I use the Dual Serum with other serums I already own?

We recommend using IKISE™ as a complete system for best results, as the ingredients are designed to work in harmony. If adding other serums, use caution and avoid doubling up on actives like Vitamin C or acids.

### 9. How much product should I use per step?

- Face Wash: Small pea-sized amount.
- Lotion: A few drops in the palm, pat onto skin.
- Dual Serum: 1–2 pumps (shake gently until both layers are mixed).
- Day & Night Face Cream: A small scoop, warm in hands and apply onto face.

### 10. Can men use IKISE™?

Absolutely. IKISE™ is unisex and suitable for all skin. In fact, men especially love the clean feel, natural scent, and visible results without heavy texture.

### 11. Is IKISE™ safe during pregnancy or breastfeeding?

The range uses gentle, natural ingredients and essential oils at safe topical levels, but we recommend speaking with your healthcare provider for personal guidance.

### 12. Do I need all the products to see results?

While the full ritual offers the most benefit, even starting with the Face Wash + Day & Night Face Cream or adding the Dual Serum to your existing routine can deliver visible results. You can build your ritual step by step.





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